

The Islamia University of Bahawalpur
Department of Social Work
Social Case Work

Instructor: Dr Aisha Shoukat

Class Room: BS 4

Course Outline

Course Objective:

The purpose of this course is to help students understand the basic methods of social and the application of social case work as a method of helping individuals. Part-I of this course focus on the socio-psychological and cultural understanding of the individual in a society and Part-II of this course will help to understand social case work as a process. Basically this course is:

- a. To give the students background knowledge about human behavior and the bio-psycho-social dynamics that influence it.
- b. To give insight about the concept of normal and abnormal human development.
- c. To give knowledge about personality and the views of different psychologists.
- d. To develop empathetic approach for effective rapport development with client in problem understanding, diagnosis and solution.

Course Contents:

Session 1: Introduction to methods

Session 2: Definitions of social casework

Session 3: Basic concepts in Social Work Values, Philosophy and Assumptions of Social Case Work

Session 4: Origin of professional Social Case Work and its development

Session 5: Principles of Social Case Work

Session 6: Principles of Social Case Work

Session 7: Components of Social Case Work; Person;

Session 8: Problem in social case work

Session 9: Place in social case work

Session 10: Process in social case work

Session 11: Professional case worker/ essential skills for worker

Session 12: Problems solving process: Social study

Session 13: Problems solving process: Diagnosis

Session 14: Problems solving process: Treatment

Session 15: Techniques of Social Case Work Process

Session 16: Role of social Case Work (assignment)

Mid Term

Session 17: Worker-client professional relationship

Session 18: Management of worker-client relationship

Session 19: Nature of worker Client

Session 20: Interviewing Techniques in Social Case Work

Session 21: Essentials Conditions of a Good Interview

Session 22: Recording in Social Case Work, types of recording

- Session 23:** **Essential of recording**
Session 24: **Types of recording**
Session 25: **Counseling in Social Case work**
Session 26: **Trends in Social Case Work**
Session 27: **Medical Social Work**
Session 28: **School Social Work, Family Services**
Session 29: **Social Work and Mental Health, Social Work with disabled**
Session 30: **Social Work with in Corrections And Justice**
Session 29: **Social Work With Aged(Gerontology) , Children Services**
Session 30: **Employment/Occupational Social Work**

Books Recommended:

1. Deve, R. & Prakash, R. (2014). *Social Work Methods, Practices and Perspective*. Jaipur . Mangal Deep.
2. Friedlander, W. A. (1964). *Concepts and Methods of Social Work*. Prentice-Hall, N. W. Jersey.
3. Janet, S. (2005). *Counselling Skills in Social Work Practice*. Open University Press, Buckingham. Philadelphia.
4. Khalid, Muhammad. (2014). *Social Work: Theory and Practice*. Kifayat Academy. Karachi.
5. Miller, L. (2005). *Counselling Skills for Social Work*. Sage Publications. London.
6. Payne, M. (1997). *Modern Social Work Theory*. Macmillan Press, Ltd. London.
7. Pease, B & Fook, J. (1999). *Transforming Social Work Practice*. Routledge, London & New York.
8. Perlman, H. H. (1957). *Social Case Work: A Problem Solving Process*. Chicago: University of Chicago Press.
9. Richard, M. E. (1944). *Social Diagnosis*. New York: Russell Foundation.
10. Roberts, B. C., Galaway, B. & Cournoyer, B. (2005). *Social Work Processes*. California, Wadsworth.
11. Sachs, J. (1999). *Clinical Work and Social Action: An Integrative Approach*. The Haworth Press. New York.
12. Apterar, Herbert, Basic Concepts in Social Case Work, Chapel Hill University of North Carolina Press.
13. Garrett, Anneto, Interviewing, Principles and Practice, Family Wolaro Association of America.
14. Hamilton, Gordon, Principles of Case, Recording, New York, Columbia University Press.
15. Hamilton, Gordon, Theory and Practice of Social Case Work, Columbia University Press.
16. Timnes Cel., The Language of Social Case Work, London Poutledge and Kegan Paul.
17. Safdar Sarah, Introduction to Social Work, 1999. Wahdat Printing Press, Khyber Bazar, Peshawar, Pakistan.
18. Beulah R. Compton & Burt Galaway, Social Work Processes, 1994 by Wadsworth, Inc., Belmont, California, USA.
19. David L. Decker, Social Gerontology, 1980, Little Brown & Press company, Boston, Toronto.
20. Judith Milner, women and social Work, 2001 by PAEGRIVE, Houndmills, Basingstoke, Hampshire RG21 6XS and 175 Fifth Avenue, New York, N.Y, 10010.

21. Bob Pease and Jan Fook, Transforming Social Work Practice, 1996 by Jessica Kingsley Publishers Ltd, London NI9JB, England.